

## Christlike Attributes

**Instructor:** Sister Heidi Shaw

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**Class Schedule:** Spring 2025, Tue/Thurs 8:30, 9:30

### Course Overview:

This course explores 22 Christlike attributes, examining their relevance to discipleship and personal growth. Through scriptures, recent General Conference talks, and reflective discussions, students will gain deeper insights into how to emulate these virtues in daily life. The goal is to inspire lifelong commitment to living as a disciple of Jesus Christ by applying these attributes in practical and meaningful ways.

### Course Requirements:

- **Attendance:** Attend 75% or more classes.
  - **Reading:** Complete 75% or more of assigned readings.
  - **Elevate Learning Experience:** Complete one of the following:
    - Study Journal documenting insights and personal application of temple teachings.
    - A one-page paper reflecting on lessons learned and how your relationship with Christ has strengthened.
    - Personal Learning Project based on course doctrines and principles.
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- **Jan 9 (Tues): Peacemaker**
  - **Conference Talk:** *"Peacemakers Needed"* by President Russell M. Nelson (April 2023)
  - **Life of Christ:** Jesus calming the storm (Mark 4:39)
  - **Book of Mormon:** Captain Moroni offering peace to Zerahemnah (Alma 44:1–6)
- **Jan 11 (Thurs): Boldness**
  - **Conference Talk:** *"The Power of Spiritual Momentum"* by President Russell M. Nelson (April 2022)
  - **Life of Christ:** Jesus cleansing the temple (John 2:13–16)
  - **Book of Mormon:** Abinadi boldly testifying before King Noah (Mosiah 12:1–2)
- **Jan 16 (Tues): Contentment**
  - **Conference Talk:** *"Let God Prevail"* by President Russell M. Nelson (October 2020)
  - **Life of Christ:** Jesus teaching about heavenly treasures (Matthew 6:25–34)
  - **Book of Mormon:** Nephi's contentment in affliction (1 Nephi 17:2–4)
- **Jan 18 (Thurs): Creativity**
  - **Conference Talk:** *"Happiness, Your Heritage"* by Elder Uchtdorf (Oct. 2008)
  - **Life of Christ:** Christ teaching through parables (Matthew 13:3–9, Parable of the Sower)
  - **Book of Mormon:** Nephi building the ship (1 Nephi 17:8–11)
- **Jan 23 (Tues): Decisiveness**
  - **Conference Talk:** *"Choose to Believe"* by Elder L. Whitney Clayton (April 2020)
  - **Life of Christ:** Christ calling His apostles (Matthew 4:18–22)
  - **Book of Mormon:** Captain Moroni's decisive actions (Alma 46:12–20)
- **Jan 25 (Thurs): Discernment**
  - **Conference Talk:** *"Ask, Seek, Knock"* by President Nelson (Oct 2009)
  - **Conference Talk:** *"Hear Him"* by President Nelson (April 2020)
  - **Life of Christ:** Christ discerning the Pharisees' hypocrisy (Mark 2:8)
  - **Book of Mormon:** Ammon discerning King Lamoni's thoughts (Alma 18:16–18)

- **Jan 30 (Tues): Endurance**
  - **Conference Talk:** *"The Infinite Power of Hope"* by Elder Dieter F. Uchtdorf (October 2008)
  - **Life of Christ:** Jesus enduring the wilderness temptations (Matthew 4:1–11)
  - **Book of Mormon:** Sons of Mosiah persevering in missionary work (Alma 26:27–30)
  
- **Feb 4 (Thurs): Enthusiasm**
  - **Conference Talk:** *"A Framework for Personal Revelation"* by Elder Dale G. Renlund (Oct. 2022)
  - **Life of Christ:** The Samaritan woman's excitement about Jesus (John 4:28–30)
  - **Book of Mormon:** Alma and the sons of Mosiah rejoicing in their success (Alma 26:11–16)
  
- **Feb 6 (Tues): Faith**
  - **Conference Talk:** *"Christ Is Risen; Faith in Him Will Move Mountains"* by Elder Russell M Nelson (April 2021)
  - **Life of Christ:** The widow giving all she had (Mark 12:41–44)
  - **Book of Mormon:** King Benjamin's teachings on service (Mosiah 2:17–18)
  
- **Feb 11 (Thurs): Initiative**
  - **Conference Talk:** *"Do What Mattereth Most"* by Rebeca Craven (April 2022)
  - **Life of Christ:** The Good Samaritan taking initiative (Luke 10:30–37)
  - **Book of Mormon:** Nephi returning for the plates (1 Nephi 3:7)
  
- **Feb 13 (Tues): Knowledge**
  - **CES Broadcast:** *"Seek Learning by Faith"* by Elder David A. Bednar (Sept. 2007)
  - **Life of Christ:** Jesus teaching in the temple at age 12 (Luke 2:46–47)
  - **Book of Mormon:** Importance of scriptures (2 Nephi 32:3)
  
- **Feb 18 (Thurs): Meekness**
  - **Conference Talk:** *"Meek and Lowly of Heart"* by Elder David A. Bednar (April 2018)
  - **Life of Christ:** Christ washing the apostles' feet (John 13:3–5)
  - **Book of Mormon:** Converted Lamanites' meekness (Alma 24:19–22)
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- **Feb 20 (Tues): Obedience**
  - **Conference Talk:** *"Obedience Brings Blessings"* by President Thomas S. Monson (April 2013)
  - **Life of Christ:** Jesus obeying His Father's will in Gethsemane (Luke 22:42)
  - **Book of Mormon:** Nephi following the Lord's commands (1 Nephi 3:7)
  
- **Feb 25 (Thurs): Patience**
  - **Conference Talk:** *"Behold, I Am a God of Miracles"* by Elder Ronald A. Rasband (April 202)
  - **Life of Christ:** Christ patiently teaching His disciples (John 14:8–11)
  - **Book of Mormon:** Alma the Younger's patience in missionary work (Alma 8:14–15)
  
- **Feb 27 (Tues): Self-Control/Self-Mastery**
  - **Conference Talk:** *"Spiritual Treasures"* by President Russell M. Nelson (October 2019)
  - **Life of Christ:** Jesus refusing Satan's temptations (Matthew 4:1–11)
  - **Book of Mormon:** Amulek showing self-control when accused (Alma 10:24–25)
  
- **SPRING BREAK MARCH 3-7**
  
- **March 11 (Tues): Selflessness**
  - **Conference Talk:** *"The Greatest Possession"* by Elder Jeffrey R. Holland (October 2021)
  - **Life of Christ:** Christ washing the apostles' feet (John 13:3–5)
  - **Book of Mormon:** King Benjamin's address on service (Mosiah 2:17–18)
  
- **March 13 (Thurs): Joy**
  - **Conference Talk:** *"Joy and Spiritual Survival"* by Pres. Nelson (Oct 2016)
  - **Life of Christ:** Jesus ministering to the grieving Mary and Martha (John 11:33–35)
  - **Book of Mormon:** Ammon's sensitivity to King Lamoni's needs (Alma 18:16–17)

- **March 18 (Tues): Grace**
  - **Ensign:** *"The Atonement and the Journey of Mortality"* by Elder David A. Bednar (April 2012)
  - **Life of Christ:** Jesus forgiving the woman taken in adultery (John 8:3–11)
  - **Book of Mormon:** Moroni's teachings on grace (Ether 12:27)
  
- **March 20 (Thurs): Wisdom**
  - **Conference Talk:** *"Following Jesus: Being a Peacemaker"* by Elder Neil L. Andersen (October 2022)
  - **Life of Christ:** Jesus responding wisely to the Pharisees about taxes (Matthew 22:17–21)
  - **Book of Mormon:** King Benjamin's wise counsel to his people (Mosiah 2:9)
  
- **March 25 (Tues): Humility**
  - **Conference Talk:** *"Lord, Is It I?"* by Elder Dieter F. Uchtdorf (Oct. 2014)
  - **Life of Christ:** Jesus submitting to His Father's will in Gethsemane (Luke 22:42)
  - **Book of Mormon:** Alma's humility after the Ammonihah experience (Alma 8:14–15)
  
- **March 27 (Thurs): Attentiveness**
  - **Conference Talk:** *"We Can Do Better and Be Better"* by Pres. Nelson (April 2019)
  - **Life of Christ:** Jesus noticing and healing the woman who touched His garment (Mark 5:25–34)
  - **Book of Mormon:** Alma perceiving the spiritual needs of the Zoramites (Alma 32:6–8)
  
- **April 1 (Tues): Determination**
  - **Conference Talk:** *"Today Determines Tomorrow"* by Pres. Monson (October 1989)
  - **Life of Christ:** Jesus resolutely setting His face to go to Jerusalem (Luke 9:51)
  - **Book of Mormon:** Nephi's unwavering determination to obey the Lord (2 Nephi 5:27)
  
- **April 3 (Thurs): Diligence**
  - **Conference Talk:** *"Becoming More in Christ: The Parable of the Slope"* by Elder Clark G. Gilbert (October 2021)
  - **Life of Christ:** Jesus tirelessly ministering to the multitudes (Matthew 14:13–14, 20)
  - **Book of Mormon:** The diligent efforts of the sons of Mosiah in missionary work (Alma 26:22–23)
  
- **April 8 (Tues): Hope**
  - **BYU Talk:** *"A More Excellent Hope"* by President Russell M. Nelson (Jan. 1995)
  - **Life of Christ:** The hope Christ brought to Mary and Martha in raising Lazarus (John 11:23–25)
  - **Book of Mormon:** Ether's teachings on hope in Christ (Ether 12:4)
  
- **April 10 (Thurs): Joyfulness**
  - **Conference Talk:** *"The Joy of the Saints"* by Elder D. Todd Christofferson (October 2020)
  - **Life of Christ:** Jesus rejoicing in the Spirit and giving thanks (Luke 10:21)
  - **Book of Mormon:** Alma's joy in bringing souls to Christ (Alma 29:9–10)
  
- **April 15 (Tues): Compassion**
  - **New Era:** *"What is Tolerance?"* By Elder Nelson. March 2011
  - **Life of Christ:** Jesus teaching the balance of justice and mercy (John 8:1–11)
  - **Book of Mormon:** The justice of God in His dealings with the wicked (Mosiah 2:38–39)
  
- **April 17 (Thurs): Course Wrap-Up and Closing Testimonies**